



NEW SBRIDGE

CHELTENHAM 2016

The eagerly anticipated annual festival meeting of the Cotswolds commenced on Tuesday 15th March and the word on the ground was that Willie Mullins would equal if not better his exploits of eight winners of 2015.

The highlight of the first day was the Champion Hurdle and due to defection of Faugheen to injury it was the most open version for years but in the end Annie Power justified Rich Ricci's faith in supplementing her and she won impressively under Ruby Walsh. At the end of day one the Mullins/Walsh camp had three winners with the only slight disappointment being the defeat of Min in the Supreme Novices Hurdle who finished second nonetheless.

The focus of day two was always the feature the Queen Mother Champion Chase where young gun Un des Sceaux was taking on previous winners Sprinter Sacre, Sire De Grugy and Dodging Bullets. In the end a rejuvenated Sprinter Sacre showed he had re-kindled his 2013 form to comprehensively beat Un des Sceaux.

The focus of attention on day three was both the Ryanair Chase and the World Hurdle. First up was the slightly controversial Vautour whose connections had not decided to take their chance in the Cheltenham Gold Cup. He won decisively in an Irish 1-2-3.

The English banker in many punters eyes was the Colin Tizzard trained Thistlecrack who had been a revelation all season over 3 miles. He was the hotpot in the World Hurdle and he didn't disappoint under regular pilot Tom Scudamore.

The highlight of the week was always going to be the Timeco Cheltenham Gold Cup which is recognised as the blue ribband event of National Hunt Racing. There were nine runners under starters orders and Don Cossack was all the rage with the punters and he went off a very strong 5/2 favourite. This was mainly due to the drying ground and he also justified the racing public's faith in him winning for connections Gigginstown Stud, trainer Gordon Elliot and young jockey Bryan Cooper. For the sixth occasion Willie Mullins had to settle for second place with Djakadam and both he and Ruby Walsh finished the week with seven winners.

All that is left to be said is that I am looking forward to many of these horses participating in the Fairyhouse, Aintree and Punchestown Festivals.

Clive C



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April Events

13th Cinema evening social

20th Blue Bell Walk

30th Employment dinner

April 2016

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 Relaxation Community support crafts group	2	3
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My year in Rathsallagh House

It is nearly a year since I have started in Rathsallagh House. I am enjoying working there very much. Since I have been there I have learned a lot about how Rathsallagh works. I started out working in the Night Porter position. I learned that you have to set the tables for the breakfast, clear the tables of the empty glasses. When all of the guests left the marquee we then had to Hoover the marquee and set up for the next event that was to be held in the marquee. We had to take the table cloths off the tables and put clean ones on the tables. If the chairs needed to be changed we change the chairs. I found doing this very enjoyable and the people that I worked with were brilliant. I then moved to the breakfast department. I started learning how to roll and fold the napkins for the different services. When you rolled the napkins they were for the weddings and the evening dinners. When you folded the napkins they were for breakfast and Sunday Lunch. I also learned how we cleared the tables, set up the tables for lunch. When we came in the morning we started polishing the Glasses and Cutlery so that we could bring them out to the Marquee so that we could set up for the coming wedding or the event that was going to be on in the marquee. I found out that there were four different ways that we did eggs (Hard Boiled, Fried, Poached & Scrambled Eggs), we also asked them if they would like the breakfast special that was on that day(the breakfast chef would tell us what it was going to be that morning), we also asked them if they would like tea or coffee. We also have to keep an eye on the fires until the bar staff comes in at 11. We also have to bring out tea and coffee orders that are given to us as well as lunch orders. All in all I have found working in Rathsallagh House very enjoyable. The people that I work with are very nice as when I started and I did not know where certain things were, they showed me where they were and how to do the certain things and how they were to be done. I am hoping to be there for many more years to come.

Jonathan D



What is their Secret

The tryisting tree is the secret. They make their way into the park at night time after closing hours with a chisel to engrave their names on the tree forever. It was started by the Romans to carve the one you love for all to see although it is in a secret place.

She walked through the arboretum closing her eyes to detect the fragrance of the cedars and press into the soft bark of the redwood. Ahead of her stood alone a grand old beech, big and straight. The bark is smooth. When she got to it, it was not smooth, she ran her fingers into and over the lines. She could sense the love of those who engraved them, she was awe struck now she knew Oliver had brought her into the park as she gasped out loud he had brought her here to see how she would fit in and there carved in the old tree was Oliver and Vita very neat and shapely she was overwhelmed diamonds had nothing over wood.

Paul C



Catering Unit

Rhubarb Tart

For the Pastry:

225g/8oz butter
55g/2oz caster sugar
2 eggs
340g/12oz white flour

For the Filling:

750g red rhubarbs, sliced about 1cm thick
250g sugar

To Serve:

Caster sugar for sprinkling
Softly whipped cream
Barbados sugar



Method:

- 1) Pre-heat the oven to 180C/350F/Gas Mark 4.
- 2) **First make the pastry.** Cream the butter and sugar together by hand or in a food mixer.
- 3) Add the eggs and beat for several minutes. Reduce speed and mix in the flour.
- 4) Turn out into one piece of floured greaseproof paper, flatten into a round wrap and chill. This pastry needs to be chilled for at least 1 hour otherwise it is difficult to handle.
- 5) **To make the tart,** roll out the pastry 3mm thick approximately and use about 2/3rds of it to line a 21.5cm deep with fluted edge tin.
- 6) Lay the rhubarb in the pastry base and sprinkle with sugar.
- 7) Cover with a lid of pastry, seal edges, decorate with pastry leaves, brush with the egg wash and bake in the preheated oven until rhubarb is tender, approximately 45 minutes to 1 hour (but do keep checking some ovens may vary cooking time).
- 8) **When cooked,** sprinkle lightly with caster sugar and serve with softly whipped cream and Barbados sugar.

Dinner Date from Hell

That night we had a lovely dinner at the captain's table. He told us how proud he was to be captain of such a fine ship. Lady Sarah a spinster with a poodle on her lap says we all know this ship cannot sink. Nosey parker Mrs Muller a spiteful old bird says to me Mr Fitzsimons how did you make your fortune. I made it on the railway in North America. I worked on the building the great Southern line across the Plains. She put her nose up in the air as I blew cigar smoke in her face. Then we heard a yell that changed our lives forever iceberg dead ahead.

Philip F



Pinch

Many years ago, we had a dog named "Pinch". Pinch was the most faithful dog I have ever known. He was a cross breed of every known dog. When my father went to work Pinch followed him to work and spent all day with him. One day Pinch was crossing the road and got struck by the bin lorry. Those days the bin lorry was used for collecting ashes from the bins. As well as general waste and any sweeping from the paths and roads. This day the driver in his wisdom thought Pinch was dead, and put him on a shovel to put him in the lorry. The next thing Pinch jumped off the shovel and bit the driver on the rear end. So the saying act in haste repent in your leisure applied to the driver. Pinch lived many many more years and out lived my father by seven years.

John F



April Birthdays

Gordon Q, Michael T,
Caroline Mc K, Pierce O C,
Paul C, Pat L, Aodhan O' D, Mary F, Helen R,
Philip L, Stephen D, Niall O' F, Eileen C,
Angela O' K, Ann M, Michelle F, Richard H,
Derek C & Deborah S.



The Youth of Today

It's amazing how fast the seasons seem to flow. Already we are into April, and hoping for some fine weather for the lovely flowers to bloom. We have had so much cold weather lately along with all the different kinds of hurricane winds. We are hoping for a fine summer. We always seem to be hoping for something or other. We never seem content in what we have just now. It's hard to accept things as life changes from one generation to the next. We feel the youth of today live on another planet with all of their technology, you press a button for this and everything you want seems to come on. They too think of us as old fashioned and not "with it". We must remember we are living in a different era now and we must give the young people a chance. We have had our time, and I do not mean we are to stop living. The young generation of today are taught in a different way and coming out with better exam results. Its time for them with their knowledge to have jobs and their say in society. At times I feel we are always running them down, but times have changed. A lot of our youth just feel desolate with no jobs to get up for, or take a job and are capable of doing better. So let's give them a chance like we had in our day.

Frances H



Spring

Flowers grow along valleys of nature time
Aroma of crocuses bright against the trees
All mother natures' blessings are waiting in line
An enchantment of youthful delight such as these
Glover of all colour blends enriches the grassland
While cattle feast by day to fondly rest
I crumble the soft earth within my hand
It is growth of the clay we are blessed
Stems and buds grow along each hidden dyke
Birds sing their sweet tone so much I like
Awaking a Spring morning at its birth.

Streams rush on through each gifted glen
Carrying food of plenty for the hungry fish
Fresh air inhaled makes me the healthiest of men
As I place a roasted trout on my dish
So much peaceful growth I inherit in my heart
Makes me feel good with an adventure free
Our days of childhood we all must part
As my spring was created just for me
When my days are of end I will rot in the clay
To form a union with nature of my spring
Soon I will arise on the last day
Where growth of life will bloom forever to everything.

Paddy M



Word Search

V	E	A	C	A	R	K	A	N	E	R	E
M	F	R	A	H	G	U	O	R	H	T	I
A	R	A	P	A	E	W	A	U	O	H	G
N	O	L	R	N	A	O	L	K	B	R	H
J	G	A	L	E	S	L	U	R	A	O	V
I	I	I	I	J	I	M	E	R	E	E	E
N	M	G	A	C	W	D	F	N	A	N	W
O	H	K	A	R	E	E	O	L	A	I	R
T	S	O	A	R	R	L	U	P	C	M	N
W	Y	U	B	U	A	A	L	A	E	R	B
O	N	R	O	W	C	E	R	R	A	E	W
T	E	H	A	R	E	V	B	P	A	R	W

Aunt, Buy, Bred, Care, Cell, Die, Eight, Fare, Foul, Gale, Hare, Hour, I'll, Jig, Jim, Kane, Loan, Lone, Mane, Not, Our, Pane, Rain, Rap, Soar, Through, Two, Veale, Wrap.

This Month's Interview is With

Clive C

Favourite Meal: Steak + Chips

Favourite Movie: Erin Brockovich

Favourite Sport: Rugby

Favourite Hobby: Badminton



About Platinum Clubhouse

Clubhouse is a member run and centred service, where every individual has something valuable to contribute to the clubhouse and to society at large, irrespective of their diagnosis or level of function.

We offer members a supportive environment in which they can work alongside staff in planning and operating.

Members participate in mutually planned vocational, educational and social activities.

The Clubhouse guarantees four main rights:

- **Right to a place to come**
- **Right to meaningful work**
- **Right to meaningful relationships**
- **Right to a place to return**



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